

Nutrition Facts per 1 sandwich (225 g): **Calories** 220,
Fat 10 g (15 %), **Saturated Fat** 2.0 g + **Trans Fat** 1.5 g (18 %), **Cholesterol** 25 mg
Sodium 170 mg (7 %), **Carbohydrate** 15 g (5 %), **Fibre** 1 g (4 %), **Sugars** 1 g,
Protein 11 g, **Vit A** (4 %), **Vit C** (6 %), **Calcium** (0 %), **Iron** (6 %). % = % Daily Value

Ingredients: Chicken Salad (Chicken Breast, Mayonnaise, Celery, Red Onion, Sriracha (Chili, Sugar, Salt, Garlic, Distilled Vinegar, Preservatives), Parsley, Kosher Salt, Black Pepper), Multigrain Bread, Kale, Tomato

Contains: Egg, Wheat, Soy, Mustard, Sesame

The Phamily Table, A6 5279 Still Creek Ave, Burnaby B.C.